

Manjeet Basran Russell

TRANSFORMATIONAL SPEAKER

Certified Life Coach · Leadership & Corporate Coach



Live with Clarity and Purpose

Bio

My mission is to help busy women embrace a life of clarity, balance, and purpose and move out of survival-mode and powerfully into "THRIVAL-mode." This is a place where you are grounded, you know your boundaries, and you relish in exquisite self care. This is the place where we step into our power and live life on purpose.

For more than 20 years I have coached busy women looking for clarity, balance, and purpose. When we are busy, we get consumed with DOING and we often forget about who we are BEING...and what we truly desire in our lives. We lack clarity and are searching for tools for direction. Having someone hold you accountable, reminding you of your badassery is an important way to move forward. And that is what I do for my Infinite Balance Life Coaching Clients.

"Manjeet provides a light and safe space for all to share perspectives and experiences. She is a powerhouse of knowledge with easy-to-use tools for busy women and shares it graciously with love and support."



Signature Topics

- Busy Woman Series:
 - Self Care for the Busy Woman
 - Better Balance for the Busy Woman
 - Mindfulness for the Busy Woman
- Creating Strong Foundations
- Discover Your Superpower
- 1-2-3-4-5 Your Life: A Strategy for an Intentional Life
- 1-2-3-4-5 Your Business: A Corporate Coaching Strategy for Success

Booking Info

www.infinitebalance.net
mrussell@infinitebalance.net
206-409-2787



@infinitebalancelifecoaching

@infinitebalancelife



Infinite Balance

Live with Clarity and Purpose

Manjeet Basran Russell

TRANSFORMATIONAL SPEAKER

Certified Life Coach · Leadership & Corporate Coach



Live with Clarity and Purpose

Suggested Interview Questions

- Busy Woman Series:
 - *Self Care for the Busy Woman*
 - *Better Balance for the Busy Woman*
 - *Mindfulness for the Busy Woman*
- Creating Strong Foundations
- Discover Your Superpower
- 1-2-3-4-5 Your Life: A Strategy for an Intentional Life
- 1-2-3-4-5 Your Business: A Corporate Coaching Strategy for Success



Manjeet's Introduction

As a Certified Intuitive Life Coach for close to 20 years, Manjeet Russell's mission is to help busy women embrace a life of clarity, balance, and purpose. Through her coaching, her clients move out of survival-mode and powerfully into THRIVAL-mode—that place where they are grounded, know their boundaries, and relish in exquisite self care. This is the place where we step into our power and live life on purpose.

Business organizations such as the University of Washington have benefited from Manjeet's Leadership and Corporate Coaching. Through top to bottom interviews with teams, Manjeet is able to provide leadership teams with the skills to facilitate and maintain a harmonious and cooperative environment, thus increasing productivity and profitability.

Manjeet loves injecting creativity and spirituality into every day, and finds joy in converting confusion into clarity. She views the world with unending optimism and joy, and is dedicated to creating a safe, non-judgmental space where her clients can grow and create a life of intention.

Booking Info

www.infinitebalance.net
mrussell@infinitebalance.net
206-409-2787



@infinitebalancelifecoaching

@infinitebalancelife



Infinite Balance

Live with Clarity and Purpose